Full Report (All Nutrients) 45155079, PIGGLY WIGGLY, ROASTED/UNSALTED CASHEWS, UPC: 034952585148

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Report Date: July 09, 2017 15:43 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group: Branded Food Products Database

Manufacturer Eillien's Candies Inc.

Nutrient	Unit	Data points	Std. Error	389	1 Value Per100 g
Proximates					
Energy	kcal			220	579
Protein	g			7.00	18.42
Total lipid (fat)	g			18.00	47.37
Carbohydrate, by difference	g			11.00	28.95
Fiber, total dietary	g			1.0	2.6
Sugars, total	g			2.00	5.26
Minerals					
Calcium, Ca	mg			0	0
Iron, Fe	mg			1.80	4.74
Sodium, Na	mg			0	0
Vitamins					
Vitamin C, total ascorbic acid	mg			0.0	0.0
Vitamin A, IU	IU			0	0
Lipids					
Fatty acids, total saturated	g			4.001	10.530
Fatty acids, total trans	g			0.000	0.000
Cholesterol	mg			0	0

Amino Acids

Other

Ingredients

CASHEWS, COTTONSEED OIL. Date Available: 09/23/2016 Date Last Updated by Company: 09/23/2016